



Courageous Parenting 101[®]

UNDERSTANDING SUBSTANCE ABUSE AND ITS IMPACT ON CHILDREN AND YOUTH

FREE 4- Session Substance Abuse Education and Prevention Program for Parents Wishing to Arm Themselves with the Knowledge of How to Keep Their Children Safe

**South Kingstown High School
215 Columbia St., South Kingstown, RI 02879**

Kicking off **October 15th** at **6:30 pm** with the *Courage to Speak[®] Presentation*
by Founder & CEO, **Ginger Katz**

South Kingstown Partnership for Prevention is sponsoring *Courage to Speak - Courageous Parenting 101[®]*
starting **Monday, October 22, 2012**

Continuing **on Monday's Oct. 29, Nov. 5th, Nov. 19th, 2012**

This FREE 4-Session Course Will Cover:

1. Teen Drug Use Trends & Party Culture; What is a Drug?; What is Addiction?; Drug Effects & Consequences
2. The Adolescent Brain; Why Kids Use Drugs; Helping Kids Handle Stress, Anger & Other Emotions; Age Appropriate Prevention Messages; Parenting Styles; Setting Expectations & Boundaries; Media Influence on Teen Substance Abuse; Media Influence on Teen Substance Abuse
3. Establishing & Enforcing Healthy Expectations & Limits for Teens; Effective Communication Strategies
4. Protective Factors & Developmental Assets; Warning Signs of Substance Abuse; Where to Find Help & More

REGISTRATION

FREE Course for Parents

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ E-Mail _____

Number of Children _____ Ages of Children _____ School(s) Attending _____

How Did You Hear About This Course? _____

☐ **YES** I/We will attend *Courage to Speak- Courageous Parenting 101[®]* on Oct 22, Oct 29, Nov 5, and Nov 19 2012.

☐ **NO** I/We cannot attend this program. Please add us to your mailing list for receipt of information and alerts on upcoming events and programs.

Please return your completed registration form to: **Eileen Stone, South Kingstown Partnership for Prevention, 215 Columbia St., (401)360-1880, Eileen@skprevention.com.**

www.couragetospeak.org * 1-203-831-9700