# Courage to Speak® COURAGEOUS PARENTING101



## "Parenting Through the Opioid Crisis and Beyond"™

- Learn Communication Strategies with Children on Drugs
- Teach Children Drug Refusal Skills
- Help Children Cope Effectively with Stress and Emotions
- Understand Signs of Drug Use
- The Influence of Marijuana and Opioid Use on Youth Development
- Parent Resources and Much More!



#### A DOUBLE DOSE OF PREVENTION™

Part 1 Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of *Sunny's Story*, A Drug Prevention Book



Part 2 Facilitated by Larry Katz Co-Founder of the Courage to Speak Foundation. Mr. Katz has a BA in Psychology and an MS in Nutrition and is a former Social Worker with the State of Connecticut, Child Welfare Division.







# Ponus Ridge Middle School 21 Hunters Ln, Norwalk, CT February 6<sup>th</sup>, 2019 at 6:00PM

Light refreshments will be provided



**For more information,** or to register for this program contact: gkatz@couragetospeak.org

## www.couragetospeak.org

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