



The Courage To Speak® Foundation

“Saving Lives by Empowering Youth to be Drug Free”

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Dear Friends:

Welcome and thank you for attending the 10th Annual Courage to Speak Empowering Youth to be Drug-Free Family Night.

It's about one thing – bringing children and parents together to talk openly and honestly about the dangers of drugs.

We know the pain of watching drugs take a child's life. The Courage to Speak Foundation exists to prevent another family from feeling the heartbreak of losing a child. We want you to see and feel the danger that is present before it becomes a disaster.

How I wish this night - this gathering - was available when my son Ian was still alive.

A drug overdose killed him. He was only 20.

For the past 18 years, we've told Ian's story to hundreds of thousands of parents and children here in Connecticut and across the nation.

We know that the Courage to Speak live presentations, videos, *Sunny's Story* book and drug prevention curriculum your child participated in this year have saved lives.

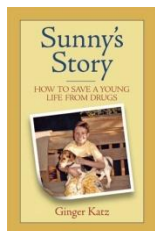
Students tell us after each program "I'll never do drugs. I didn't really know how bad they could be." We're here to help you make sure your children get this message in their heart as soon as possible, and before it's too late.

So enjoy the evening, be proud of what your child has accomplished, learn everything you can about drugs and how they can affect your child. And, in the future, sign up for our program called Courage to Speak - Courageous Parenting 101®, available in English and Spanish, for parents only.

*Please don't endure the pain we did —
and thank you for taking this step towards saving your child's life and achieving the mission we all share:*

Saving lives by empowering youth to be drug free and encouraging parents to communicate effectively with their children about the dangers of drugs.

Ginger Katz
CEO and Founder and Author of *Sunny's Story*



Don't forget to pick up your signed copy of Sunny's Story in the lobby tonight!

P.S. Your support in buying **raffle tickets** is deeply appreciated. I hope, in the future, we can count on you to become a Friend of the Courage To Speak Foundation by volunteering, making a donation or coming to our Family Night every year. Our young people need you.

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The 10th Annual Courage To Speak® Empowering Youth To Be Drug Free Family Night

March 18, 2014

5:15 p.m. – 6:15 p.m.

Dinner and Display of Student Posters and Letters

6:05 p.m. – Raffle Drawing and Announcement

In the Cafeteria

By Larry Katz and Norwalk Chief of Police Thomas Kulhawik

6:15 p.m. Program

In the Auditorium

Message from Michael Botticelli Acting Director of National Drug Policy from the White House's Office of National Drug Control Policy to OUR Community and

Message from U.S. Senator Richard Blumenthal

Introduced by Peter J. Corbett, Chairman of The Courage to Speak® Foundation Board of Directors

Emcee for the Evening

Lawrence F. Cafero, Jr., State Representative and House Minority Leader

THE COURAGE TO SPEAK® PRESENTATION

Ginger Katz, CEO and Founder of The Courage To Speak® Foundation

“Dear Child” Letter

Read by Larry Katz, Co-Founder

Speakers

Mayor Harry Rilling
Superintendent of Schools, Dr. Manuel Rivera
Norwalk Chief of Police Thomas Kulhawik

Student Presentations

The Courage To Speak® Community Recognition & Volunteer Awards 2014

8:15 p.m. – Sunny's Story Book Signing and Chat in Lobby

Thank you to all of our sponsors, friends, committee members, volunteers, board members, teachers, principals, students, parents, and other supporters of the Courage To Speak® Foundation.

A special thank you to Dr. Lynne Moore, Principal of West Rocks Middle School, for hosting tonight's event and *Courage to Speak – Courageous Parenting 101®* in English & Spanish.



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DID YOU KNOW?

- 1 out of 5 fifth graders have been drunk
- Prescription painkillers are the new gateway drug to heroin among 12 to 17 year-olds
- Prescription drugs are the 2nd most commonly used drugs today, behind marijuana
- Kids reduce drug use by 65% if middle school prevention programs are in place
- Kids who learn a lot about the risks of alcohol and other drugs from their parents are up to 50% less likely to use

**THANK YOU TO ALL SPONSORS OF THE 10TH ANNUAL COURAGE TO SPEAK[®]
EMPOWERING YOUTH TO BE DRUG-FREE FAMILY NIGHT**

THE COURAGE TO SPEAK[®] FAMILY NIGHT PROGRAM

2014

