

# THE COURAGE TO SPEAK® FOUNDATION

*Saving Lives by Empowering Youth to be Drug Free*

Ginger Katz, CEO and Founder

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Dear Friend,

Please help us save a child... save a family... and build a healthier community. You can do all these wonderful things simply by supporting the

***16<sup>th</sup> Annual Ian James Eaccarino Memorial 9-Mile Race***  
**Saturday, August 9<sup>th</sup> at 8:00am**  
**Calf Pasture Beach in Norwalk, CT.**

While I would love you have you on the course with me, running isn't the only way to provide support.

We also need your financial support to make the race a success. Your donation will help the Courage to Speak Foundation continue our drug prevention education programs in our elementary, middle, and high schools, workplaces and communities and ***you may help save a life in the process*** by allowing us to speak to more students about how easily the decision to use drugs can change their life. Your generosity will also help fund our Courage to Speak - Courageous Parenting 101® program that gives parents the tools they need to keep their children safe. This extraordinary community event underscores the importance of passion, commitment and a healthy drug-free lifestyle – the essence of our message to young people.

Our current sponsors for Ian's Race include the Lightfoot Running Club and the Norwalk Park & Recreational Department. But we need more help so that we can continue our important mission.

**Please consider becoming a sponsor:** Platinum Sponsor (\$2,500)  
Gold Sponsor (\$1,000)  
Silver Sponsor (\$500)  
Bronze Sponsor (\$250)  
Friend of the Race (\$100)

You can return the form on reverse side with your donation. You can also donate by calling our office (203) 831-9700 or visiting our website [www.couragetospeak.org](http://www.couragetospeak.org).

Together we can make a difference in the lives of our children, empowering them to be drug free and encouraging parents to communicate effectively with their children about the dangers of drugs.

Sincerely,



Ginger Katz  
CEO and Founder and Author of *Sunny's Story*