

# THE COURAGE TO SPEAK® FOUNDATION

*Saving Lives by Empowering Youth to be Drug Free*

Ginger Katz, CEO and Founder

June 8, 2017

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Dear Friend,

Please help us save a child... save a family... and build a healthier community. You can do all these wonderful things simply by supporting the

**19<sup>th</sup> Annual Ian James Eaccarino Memorial 9-Mile Race**  
**Saturday, July 29<sup>th</sup> at 8:00am**  
**Calf Pasture Beach in Norwalk, CT.**

While I would love to have you on the course, running isn't the only way to provide support.

We are in need of financial support to make the race a success. Your donation will help the Courage to Speak® Foundation continue our drug prevention education programs in our elementary, middle, high schools, and communities. **You may help save a life** by allowing us to speak to more students about how easily the decision to use drugs can change their life. Your generosity will also help fund our drug prevention and education curriculum for elementary, middle and high school students, as well as Courage to Speak®- Courageous Parenting 101® program that gives parents the tools they need to keep their children safe. This extraordinary community event underscores the importance of passion, commitment and a healthy drug-free lifestyle – the essence of our message to young people.

On a personal note, my husband Larry Katz and I have been members of the Lightfoot Running Club for 33 years. Ian worked at Calf Pasture Beach the summer before he died of an opiate overdose. Since then, we've dedicated our lives to preventing this tragedy from befalling another family.

Our current sponsors for Ian's Race include the Lightfoot Running Club, Booth Financial Associates and the Norwalk Park & Recreational Department. But, we need more help so that we can continue our important mission.

**Please consider becoming a sponsor:**

- Platinum Sponsor (\$2,500)
- Gold Sponsor (\$1,000)
- Silver Sponsor (\$500)
- Bronze Sponsor (\$250)
- Friend of the Race (\$100)
- Or Any Amount

You can return the enclosed form with your donation. **Any donation is valuable.** You can also donate by calling our office (203) 831-9700 or via PayPal at our website [www.couragetospeak.org](http://www.couragetospeak.org).

Together we can make a difference in the lives of our children, empowering them to be drug-free and encouraging parents to communicate effectively with their children about the dangers of drugs.

Sincerely,

Ginger Katz  
CEO and Founder and Author of *Sunny's Story*