



# THE COURAGE TO SPEAK® FOUNDATION PROGRAMS AND SERVICES

## **The Courage to Speak® Presentation:**

To date, over 1000 presentations have been made across the country to hundreds of thousands of people: students in elementary, middle, and high schools, colleges, parent groups, civic organizations, churches, corporations and state and national conventions. The Courage to Speak® Presentation is currently number one on Google for drug prevention presenter.

## **A Drug Prevention Book, *Sunny's Story*, by Ginger Katz:**

*Sunny's Story*, a drug prevention book written from the perspective of Sunny, the family beagle, tells the ups and downs of life with his young master. *Sunny's Story* is read in schools and homes nationwide and is part of the Courage to Speak Drug Prevention Programs.

## **The Courage to Speak® Drug Prevention Program for Grades 4-6:**

(Based on the book *Sunny's Story* written by Ginger Katz), this eight lesson program was developed by a team of experts and implemented in 4th to 6th grades in schools.

## **The Courage to Speak® After School Drug Prevention Program:**

Based on the book *Sunny's Story* by Ginger Katz, this innovative after school drug prevention program for grades 4-7 is adapted from the scientifically proven Courage to Speak® Programs.

## **The Courage to Speak® Drug Prevention Program for Middle Schools:**

This unique 15 lesson Program for Middle Schools includes programs developed by a team of experts in drug prevention and implemented in many schools since 2001. There is an option to use the live presentation, DVD, and/or the book *Sunny's Story* by Ginger Katz.

## **The Courage to Speak® Drug Prevention Program for High Schools:**

(Program includes *Sunny's Story* by Ginger Katz) A 10 lesson Program developed by experts in drug prevention and implemented in 9th – 12th grades in schools. There is an option to use the live presentation, DVD, and/or the book *Sunny's Story* by Ginger Katz.

## **The Courage to Speak® Drug Prevention Parenting Program called “Courage to Speak – Courageous Parenting 101®”:**

A multi-session course that educates parents to keep their children safe from drugs developed and implemented by prevention educators as a follow up to The Courage To Speak® Presentation. Over 133 facilitators have been certified by the Courage to Speak® Foundation to teach the program nationwide in both English and Spanish, and was evaluated by Yale School of Medicine.

## **The Courage to Speak® Website:**

A comprehensive resource for parents, students, educators and families.

## **The Courage to Speak® Support Group:**

Meetings for parents and family members who have lost a loved one to substance abuse.

## **The Courage to Speak® Video:**

The Courage to Speak® Presentation Educational Video inspires an open and honest discussion between adults and children about issues facing our youth today.

## **The Courage to Speak® Foundation Family Resource Center:**

The Center, located in Norwalk, CT, contains brochures, pamphlets, literature and DVDs with information in both English and Spanish for children, families, teachers and others about the dangers of youth substance abuse.

## **The Annual Courage to Speak® Empowering Youth to be Drug-Free Family Night:**

Exciting media event involving all aspects of the community. Parents, children, educators, community leaders, state and local officials, business and community leaders join together to make a stand to empower youth to be drug-free. Featuring the work of the students who participate in the Courage to Speak® Drug Prevention Program.