

## The Courage to Speak® Foundation Support Group

### Helping Each Other Heal

The death of a child is the most devastating and tragic loss for anyone to face.

When a child is lost to drugs, social markings can further thrust parents and surviving family members into a pain that is defined by isolation and exclusion.

The Courage to Speak® Foundation Support Group was formed to help parents and families who have lost loved ones to the ravages of substance abuse.

“We belong to a club that none of us ever wanted to join.”- *Ginger Katz*

We are parents and siblings of young people who died too soon because of drugs. We are ordinary people who could be your neighbors, your co-workers or members of your faith community. We loved our children and tried to be the best parents we could be. But drugs took them from us, and some days the grief is still unbearable.

Drug abuse is an equal opportunity killer. It is not confined to one kind of neighborhood, one socio-economic group, or one kind of kid. Drugs simply do not discriminate.

We are reaching out to families like us in hopes that all of our lives will become a little easier.

### The Courage To Speak® Foundation

Is a 501c3 non-profit organization established in 1996 by Ginger Katz shortly after the death of her son, Ian, from a heroin and valium overdose. The organization is dedicated to fulfilling her promise to Ian, to do everything in her power to ensure that no other family would have to suffer the loss of a precious child to drugs. Ginger and her husband Larry saw a further need to help other families that have suffered the loss of a loved one to the disease of addiction. In 2002, they established The Courage to Speak® Support Group, to help others come together and heal. The goal of the organization is to empower youth and parents to have the skills to be drug free. They have given countless presentations, and have created a parenting course, Courage to Speak® – Courageous Parenting® 101 to help ensure no families have to suffer from the pain of addiction.

### ALL ARE WELCOME

We meet once a month. Times vary in order to accommodate schedules.

Please call Ginger Katz at 877.431.3295 for more information. [gkatz@couragetospeak.org](mailto:gkatz@couragetospeak.org)