

North Haven Substance Abuse Prevention Council

Invites ALL parents and children to Attend an Important Presentation



By Ginger Katz,

Founder of the Courage To Speak Foundation, Inc.
And author of *Sunny's Story*



PLEASE JOIN US!

Thursday

September 23, 2010

7:00 PM

North Haven High School Auditorium

The Courage to Speak Foundation, Inc. was founded by Ginger Katz in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to thousands of parents.

Issues to be addressed:

- Alcohol and drug prevention
- The code of silence and its dangers
- Signs to look for
- Addiction and its impact on families
- What to do if your child is using or experimenting with drugs including alcohol
- How to recognize risky behaviors and relationships

A **free** 4-session *Courage to Speak - Courageous Parenting 101™* course developed by the Courage to Speak Foundation will be offered by the Town of North Haven's Substance Abuse and Prevention Council in October!
This course is for parents only. See below for Registration information

Courage to Speak-Courageous Parenting 101®

Tuesdays - October 5, 12, 19, and 26

North Haven Town Hall's 2nd Floor Meeting Room

18 Church St, North Haven, CT

Time: 7pm to 9pm

This free four-session substance abuse education and prevention program was developed by the Courage to Speak Foundation to help parents like you understand substance abuse and its impact on children and youth. You will gain the knowledge required to communicate more effectively with your children. Covers a variety of materials including fundamentals of substance abuse prevention, drug trends in America, signs of drug use, communication skills, what to do if you suspect your child is using drugs, how to access help. For more information about *Courage to Speak - Courageous Parenting 101®* and a registration form, please call James J. McGuinness at 203.985.4845 or email jmcguinness@united-mortgage.com.

***This program is made possible through the support of the
Town of North Haven's Substance Abuse Prevention Council***

www.couragetospeak.org