



Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Newsletter

July 2010

**"What if a race could save YOUR life --
 or better yet, your CHILD's life."**

**We think this race can. And we hope you
 can join us.**

The 12th Annual Ian
 James Eaccarino
 9-Mile Memorial Race &
 5K Health Walk

Saturday, July 24, 2010
 Calf Pasture Beach,
 Norwalk, CT
 8:00 am



**[Click here for more information on sponsoring the
 race and to download the flyer.](#)**



**In the Spotlight:
 Speaking Out By Moving
 Greater Norwalk Chamber of Commerce
 June 2010 Chamber Report
[Click here for the Article](#)**

"Finding Passion"



[Click Here for the Interview](#)



THE COURAGE TO SPEAK® FOUNDATION

Saving Lives by Empowering Youth to be Drug Free

Ginger Katz, CEO and Founder

"Learn at Lunch" with the Lunch Box Series

The Courage to Speak® Foundation offers companies a Lunch Box Series program to help workers and their families recognize the signs and symptoms of teen drug abuse. The hour long "learn at lunch" program offers communication and listening skill strategies that help overcome the power of denial of the drugs their children may be using.

This highly effective training helps your employees address personal problems that often follow them to work. In turn your staff will become less distracted and more valuable members of your team.

By hosting the Lunch Box Series, you create a healthier, more productive work place while effectively keeping our children safe from drugs.



For more information on scheduling this educational and life saving workshop please call (203) 831-9700 or email Carol Troy at ctroy@couragetospeak.org



The Courage to Speak® Presentation for Fall & Winter

[Click Here](#) to view upcoming presentations this Fall
[Click Here](#) to read more about the Presentation
[Click Here](#) to view Presentation Photos

Book a Presentation Now!
[Click Here](#)

To view more of The Courage to Speak® Foundation Programs and Services
[Click Here](#)

The Courage to Speak® Foundation

[PSA - 30 Seconds](#)



**Ginger Katz Talks to Parents on YouTube
"A Serious Matter"**

[Click Here](#)

**Become a Courage to Speak
Foundation Supporter**



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To Join us on Facebook [Click here](#)

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Thank you for your ongoing support!

The Courage to Speak® Foundation. Inc.

"Saving lives by empowering youth to be drug free."

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