



Courage to Speak Foundation

Saving Lives by Empowering Youth to be Drug Free

The Courage to Speak® Foundation Newsletter

March 2009

Welcome to our Issue!

Learn more about Our Education Programs

The 5th Annual Courage to Speak® "Empowering Youth to be Drug Free"
Family Night 2009 "Knowledge is Power" Event
Purchase your raffle tickets today!

Courageous Parenting 101 Free Course Starts This Week

Read Ian's Story

Our Education Programs

THE COURAGE TO SPEAK® FOUNDATION, Inc. is committed to DRUG PREVENTION EDUCATION. View our programs for Elementary, Middle and High School Students, together with our newest program designed just for parents, called: Courageous Parenting 101.

[CLICK HERE](#) to learn more

The Courage to Speak® Foundation, Inc. "Empowering Youth to Be Drug-Free" Family Night "KNOWLEDGE IS POWER" March 30, 2009 at 5:30 pm

Announcing the Fifth Annual Courage To Speak Empowering Youth to Be Drug-Free Family Night. "Knowledge is Power": learn how you can protect your child from the dangers of drug use. The event will take place on Monday, March 30, 2009, at West Rocks Middle School in Norwalk, CT at 5:30 PM. Address: 81 West Rocks Rd, Norwalk. Snow date: March 31.

Joining the families for a dinner are Norwalk's Mayor Richard Moccia, Police Chief Harry Rilling and Superintendent Dr. Sal Corda. Emcee for the event is CT Republican House Leader, Larry Cafero. Also present will be principals and prevention curriculum teachers, business and community leaders, representatives of the State of Connecticut, local government, and our Board of Directors.

The highlight of the evening will be the students' readings of their drug prevention messages. On display will be the children's remarkable posters and collages that they've created during their drug prevention classes. All of this is just a part of how The Courage To Speak® Drug Prevention Curriculum is helping our students become outstanding anti-drug advocates and mentors for their friends and younger siblings. The program will also include The Courage to Speak® Presentation for Parents and Students presented by Ginger Katz, Founder of the Courage to Speak.

Bringing students and parents together to talk openly and honestly about the dangers of drugs is our most important goal. A recent report reveals that almost half of teens say they have been offered drugs. But less than one-third of parents of teens believe their children have been exposed to drugs. Yet, teens that learn about the risks of drugs at home are 57% more likely to refuse them.

[Click Here to View Family Night Flyer](#)

SAVE THE DATE...
Monday, MARCH 30, 2009

Snow date: March 31, 2009

PURCHASE YOUR FAMILY NIGHT RAFFLE TICKETS TODAY!!!

Call 203-247-5931

**The 5th Annual Courage To Speak®
"Empowering Youth to be Drug Free"
Family Night**

Join us for a great evening of dinner and family at West Rocks Middle School
81 West Rocks Road, Norwalk

Pasta Dinner from 5:30 PM and students' display of letters and artwork
Program begins at 6:30 PM

PURCHASE RAFFLE TICKETS TO WIN ONE OF THESE GREAT PRIZES:

- Round Trip Airfare from NY to London, courtesy of Virgin Atlantic Airways (value, \$4,060)
- Golf & Computer Leather Bags, courtesy of Concord Industries (value, \$1,100)
- Mountain Bike, courtesy of Smart Cyclists (value \$500)
- Golf and lunch for two, courtesy of Silvermine Golf Club (value \$250)
- Dinner gift certificates for five area restaurants, courtesy of Ambrosia Restaurant, Ash Creek Saloon, Black Bear Restaurant, Outback Steak House, and Via Sforza (value \$255)

Tickets: \$10.00/ each
- MAXIMUM OF 500 TICKETS TO BE SOLD -
Drawing will be March 30, 2009 at 6:25 PM
at West Rocks Middle School, 81 West Rocks Road, Norwalk
Ticket holders need not be present to win!

[Click Here to View Raffle Form](#)

For more information please email GKatz@couragetospeak.org
and visit our website at www.couragetospeak.org

Become a Sponsor of...

The 5th Annual Courage To Speak® Family Night

At the heart of this event is The Courage to Speak® Foundation's Mission: Saving lives by empowering youth to be drug free.
The 2009 event will take place on Monday March 30, at West Rocks Middle School at 5:30 PM.

TO LEARN MORE ABOUT SPONSORSHIP OPPORTUNITIES AND ATTENDING FAMILY NIGHT 2009 [Click Here](#)

Courageous Parenting 101... Starts This Week!

West Rocks Middle School, March 4, 2009 at 6:30 PM

81 West Rocks Road, Norwalk, CT 06851



Courageous Parenting 101

ALL PARENTS ARE ENCOURAGED TO PARTICIPATE

The Courage to Speak® Foundation has developed a program for parents called Courageous Parenting 101. The program is a **FREE** four-session substance abuse education and prevention program for parents wishing to arm themselves with the knowledge of how to keep their children safe.

To Learn More About Courageous Parenting [Click Here](#)



[Click Here](#) to Read Ian's Story on the Courage to Speak® Website
The Story is also featured on the DEA's new website
"Get Smart About Drugs"

Visit us at our website today:

www.couragetospeak.org

[CLICK HERE](#) for the Courage To Speak® Website

Thank you for your ongoing support!

Sincerely,

Ginger Katz

CEO & Founder

The Courage to Speak® Foundation. Inc.

"Saving lives by empowering youth to be drug free."