

# Courage to Speak® COURAGEOUS PARENTING101



Courage to Speak Foundation  
Saving Lives by Empowering Youth to be Drug Free

## "Parenting Through the Opioid Crisis and Beyond"™

- Learn Communication Strategies with Children around Drugs
- Teach Children Drug Refusal Skills
- Help Children Cope Effectively with Stress and Emotions
- Understand Signs of Drug Use
- Learn the Influence of Marijuana and Opioid Use on Development
- Know how to Intervene if Drug use is Suspected and Much More!



### A DOUBLE DOSE OF PREVENTION™

**Part 1** Featuring the Courage to Speak® Presentation presented by Ginger Katz, CEO, Founder of The Courage to Speak Foundation and Author of ***Sunny's Story, A Drug Prevention Book***



**Part 2** Facilitated by Carlos Reinoso Jr MSMOL, BHCC trained in substance abuse and addiction presenting Courage to Speak® Courageous Parenting 101 "Parenting Through the Opioid Crisis and Beyond"™

*Join Us for an Upcoming Presentation:*

**March 12, 2019:** St. Joseph's High School - Trumbull, CT - 6:00 PM

**March 18, 2019:** Greenwich YWCA - Greenwich, CT – 6:30 PM

**March 27, 2019:** Old Saybrook High School - Old Saybrook, CT - 6:00 PM

**March 29, 2019:** Glory Chapel International Cathedral - Hartford, CT - 7:00 PM

**May 4, 2019:** 24<sup>th</sup> Annual Connecticut Alliance for Foster and Adoptive Families - Stamford, CT

Visit: [www.couragetospeak.org](http://www.couragetospeak.org) or call 203-831-9700



These events are funded in whole from the United States Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) through the CT Department of Mental Health and Addiction Services. (DMHAS).

**DHMAS Opioid Support Access Line: 1-800-563-4086**