

ALL Parents and Children are invited to attend
The Courage to Speak® Presentation:



Presented by Ginger Katz,
CEO of the Courage To Speak® Foundation, Inc.
And author of *Sunny's Story*

PLEASE JOIN US!

Wednesday
February 24, 2010 @ 7:00 pm
Valley Regional High School Library

The Courage to Speak® Foundation was founded by Ginger Katz in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to thousands of students and their parents. Appropriate for grades 6 and up.

Issues to be addressed:

- Signs to look for;
- Alcohol and drug prevention;
- The code of silence and its dangers;
- Addiction and its impact on families;
- What to do if your child is using or experimenting with drugs including alcohol;
- How to recognize risky behaviors and relationships



Tri-Town Youth Services will be offering the 4-session **free**
Courage to Speak®-Courageous Parenting 101™ course in March!
See below for Registration information

Courage to Speak® - Courageous Parenting 101™

Wednesdays—March 3, 10, 17, and 24, 2010 @ Valley Regional High School Library
256 Kelsey Hill Road, Deep River, CT 06417

***Courage to Speak®-Courageous Parenting 101™* is for Parents Only**

Time: 7:00 pm to 9:00 pm

This free four-session drug prevention education program was developed by the Courage to Speak® Foundation to help parents like you understand drug abuse and its impact on children and youth. You will gain the knowledge required to communicate more effectively with your children. Covers a variety of materials including fundamentals of drug abuse prevention, drug trends in America, signs of drug use, communication skills, what to do if you suspect your child is using drugs, how to access help and more. For much more information about *Courage to Speak®-Courageous Parenting 101™* and a registration form, please call **Gail Onofrio of Tri-Town Youth Services at 860-526-3600** or email ttyb@aol.com.

This program is made possible through the support of Tri-Town Youth Services.

www.couragetospeak.org