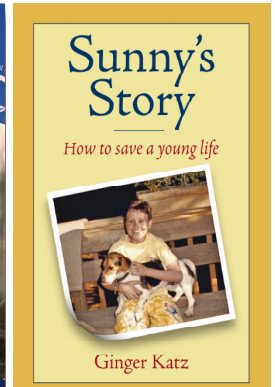




Courage to Speak Foundation
Saving Lives by Empowering Youth to be Drug Free

ALL Parents and Children are Invited to Attend The Courage to Speak® Presentation

Ginger Katz,
CEO/Founder of The Courage to
Speak® Foundation and Author of
Sunny's Story will be speaking:



**Date: Monday
October 15, 2012
Time: 6:30 pm**

**Place: South Kingstown High
School - Auditorium
215 Columbia St.
Wakefield, RI 02879**

The Courage to Speak® Foundation was founded by Ginger Katz, author of *Sunny's Story*, in an effort to foster open communication about the prevention of alcohol and other drug abuse among young people. Ginger has been inspired to speak out by the untimely death of her son Ian from a drug overdose. Since 1996, she has given over 1,000 presentations nationally to thousands of parents.

Courage to Speak-Courageous Parenting 101®



South Kingstown
Partnership for Prevention
*working together for a
safe & healthy community*

Session One will start Monday October 22nd and continue 3 subsequent Mondays.
2nd Session Mon. Oct. 29th, 3rd Session Mon. Nov. 5th,
(NO SCHOOL Mon Nov 12th Veterans Day) and 4th Session Mon. Nov. 19th
Time: 6:30-8:30pm in South Kingstown High School Library

This free four-session substance abuse education and prevention program will be taught by a trained Courage to Speak® facilitator and was developed by the Courage to Speak Foundation to help parents like you understand substance abuse and its impact on children and youth. You will gain the knowledge required to communicate more effectively with your children. **For more information about *Courage to Speak - Courageous Parenting 101®* and a registration form, please call Eileen Stone (401)360-1880, email Eileen@skprevention.com.**

The Program Covers:

- Teen drug use trends and party culture;
- Drug and alcohol abuse, addiction and its physiological consequences;
- Communication and listening strategies;
- Protective, psychological and developmental guidance to help reduce the risk of substance use;
- Dangers of enabling and hands-off parenting;
- How to help your child handle stress; Warning signs; The power of denial;
- Practical steps if use or abuse is suspected; Parenting styles; Sources of help and more

www.couragetospeak.org